

Healing

Anointing

Truth

Evangelism

Restoration



The Heart Beat

A Heart of Man Ministries Publication

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March 2010
Volume 3 Issue 3

Welcome

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HOMM, Inc. Library!

*Calling All Disciples:
Growing in Christ*

&

*Pregnant? Push!: Birthing
God's Purpose For Your
Life*

By: Chakita Hargrove

Available at:

www.heartinkpress.com/library.html

And

www.amazon.com



In the spirit of March, St. Patrick's day, and all that's green, *The Heart Beat* invites you to enjoy the benefits - both direct and indirect - of our official "go green" issue!

As Christians, we know that the scriptures say the earth is the Lord's and the fullness thereof; the world, and they that dwell therein (Psalm 24:1). And like everything else that the Lord owns - our cars, our homes, our children, our finances, our bodies, our lives - He also gives us stewardship

over the earth; the third rock from the sun; the only planet that humans (who were created in His image) inhabit. But most of all, the earth is perhaps one of the things that we neglect or take for granted the most.

By simply reading this newsletter on your computer screen rather than printing it, you save at least a tree or two. When you take into consideration the cost of ink, not just monetarily, but organically too, you save even more.

[Read more on page 3](#)

Mission

The mission of Heart of Man Ministries, Inc is to reach the heart of the lost, confused, and weary as well as the believer, to ultimately shift their thinking and behaviors to endure, trust and faith in our Lord and Savior Jesus Christ. For in Christ ALL things are possible.



Daily Scripture Guide for the month of March

The following Daily Scripture Guide is designed to help you meditate on the Law of the Lord (His Word) daily.

“One generation passeth away, and another generation cometh: but the earth abideth for ever.”

Ecclesiastes 1:4



Day 1 Judges 13:1-14:20 John 1:29-51	Day 11 1 Samuel 10:1-11:15 John 6:43-71	Day 21 1 Samuel 29:1-31:13 John 11:55-12:19
Day 2 Judges 15:1-16:31 John 2:1-25	Day 12 1 Samuel 12:1-13:23 John 7:1-30	Day 22 2 Samuel 1:1-2:11 John 12:20-50
Day 3 Judges 17:1-18:31 John 3:1-21	Day 13 1 Samuel 14:1-52 John 7:31-53	Day 23 2 Samuel 2:12-3:39 John 13:1-30
Day 4 Judges 19:1-20:48 John 3:22-4:3	Day 14 1 Samuel 15:1-16:23 John 8:1-20	Day 24 2 Samuel 4:1-6:23 John 13:31-14:14
Day 5 Judges 21:1-Ruth 1:22 John 4:4-42	Day 15 1 Samuel 17:1-18:4 John 8:21-30	Day 25 2 Samuel 7:1-8:18 John 14:15-31
Day 6 Ruth 2:1-4:22 John 4:43-54	Day 16 1 Samuel 18:5-19:24 John 8:31-59	Day 26 2 Samuel 9:1-11:27 John 15:1-27
Day 7 1 Samuel 1:1-2:21 John 5:1-23	Day 17 1 Samuel 20:1-21:15 John 9:1-41	Day 27 2 Samuel 12:1-31 John 16:1-33
Day 8 1 Samuel 2:22-4:22 John 5:24-47	Day 18 1 Samuel 22:1-23:29 John 10:1-21	Day 28 2 Samuel 13:1-39 John 17:1-26
Day 9 1 Samuel 5:1-7:17 John 6:1-21	Day 19 1 Samuel 24:1-25:44 John 10:22-42	Day 29 2 Samuel 14:1-15:22 John 18:1-24
Day 10 1 Samuel 8:1-9:27 John 6:22-42	Day 20 1 Samuel 26:1-28:25 John 11:1-54	Day 30 2 Samuel 15:23-16:23 John 18:25-19:22
		Day 31 2 Samuel 17:1-29 John 19:23-42

How to Pray and Meditate

Pray...

Before reading the scripture, pray and ask the Lord through the Holy Spirit to open your heart, mind, eyes and ears. Ask for clarity and understanding of the scripture.

Then...

After reading the scripture, pray again and ask the Holy Spirit to help you understand and apply the Word as you meditate on it today and tonight.

Meditate...

To meditate is to reflect back on what you have read in the scripture(s). What instruction is/are the scripture(s) giving you? The goal of meditation is to internalize the Word(s) God has spoken to you.



Continued from Page 1...

According to the U.S. Census Bureau and Go Green Initiative, the world population is expanding rapidly. It is estimated that the population will swell to over 9 billion by 2050. That's a lot of people sharing only a fixed amount of natural resources that continue to deplete with each passing day. Already, some natural resources, like dinosaurs, are extinct and we will never be able to get them back except the Lord performs a miracle.

The book of proverbs says a good man leaves an inheritance for his children's children. Although most people associate this type of inheritance with riches and wealth, finances - a man's children and his children's children's inheritance will be what ever resources - money, property, bonds, stocks - he leaves to them in order that they may live a successful and prosperous life. And yes, our children will inherit the earth, too. Why shouldn't they?

We save for college educations, orthodontia, and weddings, but what about saving clean air, water, fuel sources and soil for future generations? If we intend to leave our children and grandchildren with the same standard of living we have enjoyed, we must preserve the foundation of that standard of living. They will not be able to live a happy and well life if the earth they are left to live in isn't fit for a snake.

One way to be a good steward over the Lord's earth is to recycle. Did you know that for every ton of paper that is recycled, 7,000 gallons of water; 380 gallons of oil; and enough electricity to power an average house for six months is saved.

The bottom line is throwing away items that could be recycled diminishes energy, water and natural resources that could be saved by recycling.

Now can you see the benefits, both short-term and long-term, of going green? The benefits of recycling, for example, also save you money as a taxpayer. And we know that saving money shows good stewardship over our finances.

The more we throw away, the more space we take up in landfills. When a landfill becomes a "landfull," taxpayers have to build a new one. The less we throw away, the longer our landfills will last. The amount of taxpayer money we save by extending the longevity of our landfills is an important community benefit, according to www.gogreeninitiative.org.

Join Heart of Man Ministries and *The Heart Beat* in being good stewards of the earth. Check out five of our favorite top-10 go-green-tips websites and learn how you can be greener this year. Our future depends on it.

Go Green Links:

"10 Things you can do to help save the earth"

<http://www.howstuffworks.com/save-earth-top-ten.htm>

"10 Ways to go green and save green"

http://www.worldwatch.org/resources/go_green_save_green

"10 Things kids can do to go green and reduce environmental impact"

http://www.squidoo.com/ten_green_tips_4kids

"10 Things teens can do to save the world"

http://teenadvice.about.com/od/stayinghappy/t/p/10_ways_for_teens_to_go_green.htm

"10 Ways to go green at work"

http://www.sierraclub.typepad.com/greenlife/2007/03/10_ways_to_go_g.html



Heart Facts 101

When it comes to matters of the heart, men and women definitely aren't created equal. For instance, a man's heart weighs about 10 ounces, while a woman's heart weighs approximately 8 ounces.

Not only is a woman's heart smaller than a man's, but the signs that it's in trouble are a lot less obvious. When women have a heart attack -- and more than a half million do each year -- they're more likely to have nausea,

indigestion, and shoulder aches rather than the hallmark chest pain.

Heart disease is the biggest killer of both men and women. And both genders should heed this healthy advice: Don't smoke, keep your blood pressure and cholesterol levels in check, and watch for the obvious and the more subtle warning signs your heart could be in trouble.

http://www.webmd.com/heart/features/amazing-facts-about-heart-health-and-heart-disease_

Become Our Friend

Now we can be connected in more ways than one! If you enjoy receiving our bi-monthly newsletter, you may also enjoy our Myspace ministry tool.

Visit www.myspace.com/heartofmanministriesinc and click add as a friend. Then, post your testimonies, join the blog discussions, view photos, and share your comments about Heart of Man Ministries, Inc. We love hearing from you!

Heart Monitor

How are we helping you?

We value your interest in HOMM. Please help us make *The Heart Beat* a better ministry tool and spiritual service to you. Reply to this email to let us know what you like, what you don't like, and what you would like to see in the next issue of *The Heart Beat*. If you no longer wish to receive HOMM notices please reply to this e-mail and type unsubscribe in the message box.



Thank you

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